

STANDARD FIRST AID WITH CPR/AED-ADULT

Specifically geared to the needs of the workplace, this course provides hands-on Adult CPR, automated external defibrillation (AED) and First Aid training. Course length is approximately 5 ½ hours; meets OSHA guidelines for First Aid. In addition, it can be tailored to include the following optional one-hour injury control modules:



- Ergonomics; Slips, Trips and Falls; Back Injury Prevention; Workplace Violence; Managing Stress; and Your Heart Matters.